

SAM-O-GRAM

September 2026



WHO WE ARE

OFFICERS

President

Martha Lageschulte 303.929.9064

Vice President

Linda Kitzman 303.794.7136

Recording Secretary

Pam Buhl..... 303.915.1725

Corresponding Secretary

Tammy Linnert 303.908.4541

Treasurer

Terry Walb 303.204.1453

BOARD

Tamara Barach 614.753.8531

Dan Elvera 720.344.4562

Lorrie McAllister 720.308.2019

Sue Wangerin 720.879.8741

COMMITTEES

Agility

Terry Walb 303.204.1453

Awards

Kristi Schopfer 303.838.9848

Cheer

Donna Dannen 303.670.8053

Tamara Barach 614.753.8531

Colorado Legislation Liaison

Pam Buhl..... 303.915.1725

Lorrie McAllister 720.308.2019

FastCAT

Tammy Linnert 303.908.4541

Hospitality

Linda Kitzman 303.794.7136

Tammy Linnert 303.908.4541

Information Technology

Cathy An..... 443.610.2348

Lori Elvera..... 720.344.4562

Tammy Linnert 303.908.4541

Lorrie McAllister 720.308.2019

Elizabeth Walker 714.280.2384

Local Specialty '26

Lori Elvera..... 720.344.4562

Local Specialty '27

Cheryl Martin 970.396.1811

Sam-O-Gram

Martha Lageschulte 303.929.9064

Social Media

Pam Buhl..... 303.915.1725

Lori Elvera..... 720.344.4562

Denver Samoyed Rescue

Sue Wangerin..... 720.879.8741

PRESIDENT'S MESSAGE

Our dog community is truly a great one!

Social media has a lot of issues - some people seem to have become less social, some treat the platform as a personal trolling machine, and news/rumors get around in a heartbeat. It sometimes feels like the old game of telephone that us oldsters used to play as a kid, each retelling became crazier and less truthful.

But this weekend, socials showed their great potential: getting information decimated quickly. As many of you have heard - Donna Cumming's dog, Rumor, was spooked and got away from her in Amarillo, TX and was missing for over a day. Posts went out immediately and the community jumped on this - reposting and sharing on the socials all over the nation. Thoughts and prayers were sent to Donna and Rumor and thankfully they were reunited this morning.

This was a nightmare that many of us have dealt with personally or have gone through with a friend or family. We all are breathing a huge sigh of relief that Rumor was found and returned safe and sound.

Keep up the good work, we are united within our Sammy and dog community!

Martha Lageschulte
DSA President

Meeting Date and Location for September Meeting!

September 21, 2026

6:45 pm – 8:30 pm

Natural Grocers Denver

Colorado Blvd and Evans

DSA August Membership Meeting - Monday, August 17, 2026

Zoom

Meeting called to order 6:50 pm

Present: Pam Buhl, Terry Walb, Tammy Linnert, Shanan Streweler, Samantha Streweler, Chris Eberhardt, Sue Wangerin, Julie Morris, Lori Elvera, Dan Elvera, Martha Lageschulte, Tamara Barach, Connie Rudd, Donna Dannen, Linda Deits, Amber Brown, Heidi Nieman, Diana Healy, Michele Schmitt, Jan Cherne, Kent Cherne, Linda Kitzman, Lorrie McAllister, Cathy An.

Guest: Julie Beth Yelin

President asked for July 2026 Minutes to be approved. Approved

President: Martha Lageschulte

It's great to see some new faces at the Zoom Meeting.

Vice President: Linda Kitzman

The second reading of Julie Beth Yelin's application to be a Regular Member. Julie Beth owns 2 Samoyeds and has recently moved to Colorado from Texas. Since this was the second reading, a vote was taken and Julie Beth was approved as a regular member. Welcome Julie Beth!

Recording Secretary: Pam Buhl

No report.

Corresponding Secretary: Tammy Linnert

No report.

Treasurer: Terry Walb

General Fund \$30,046.56

Rescue \$9,768.59

CD \$26,762.64

Received a check from King Soopers for \$159.80.

Board: Tamara Barach, Dan Elvera, Lorrie McAllister, Sue Wangerin

No report.

Committees

Agility: Terry Walb

No report.

Awards: Kris Schopfer

No report.

Cheer: Donna Dannen

Tamara sent a card to Bob Mast. Donna is settled in and will also help with Cheer.

Colorado Liaisons: Pam Buhl, Lorrie McAllister

No report.

Concurrent Specialty: Linda Kitzman, Pam Buhl

Since the Ice Cream Social at the Concurrent Specialty was also the club picnic this year, the

cost of the ice cream social was pulled out of the expenses for the show and booked as picnic costs. This leaves a total loss for the concurrent specialty of only \$224.04. Request for approval to hold Concurrent Specialty in 2027 was sent to SCA.

FastCat: Tammy Linnert

The contract with Harmony is complete.

Historian/Librarian: Donna Dannen

Pam Buhl has not finished inventorying the library material that was received from Donna Dannen.

IT: Cathy An, Lori Elvera, Tammy Linnert, Lorrie McAllister, Elisabeth Walker

Cathy An reported that the committee is still working through some items.

Hospitality/Holiday Party: Tammy Linnert

Summer Soirees were fun, and had a good turnouts. If you didn't make one this year, put them on your list for next year.

Local Specialty 2026: Lori Elvera

Tee Shirts should be ready soon!

Local Specialty 2027: Cheryl Martin

No report.

Programs/Public Education: Pam Buhl

No report.

Sam-O-Gram: Martha Lageschulte

Need articles and items by first of month.

Social Media: Lori Elvera, Pam Buhl

Lori and Pam are trying to keep our pages active. Reminded members that they can also post themselves.

Rescue: Sue Wangerin

Reported that we were contacted about several dogs in need. There is still a 7-year-old female in Alamosa looking for a home. There was a 9-year-old male, 11-year-old and a 2-year-old female listed on Adopt-A-Pet, and a 10-year-old male in Ft. Morgan.

Old Business

The committee formed to research entries at other Samoyed Specialties met and is gathering information.

New Business

No new business.

Barks 'n' Growls

Martha Lageschulte: Capella was BOS 2 days and BOB 1 day at the Central Wyoming KC shows for 3 Grand Championship Majors! This was her second weekend out as a Special.

Lorrie McAllister: : Keena (Wintersong's Keen on Rte 66) earned her first major on Sunday at the Greeley shows by going BOW from the BBE Puppy Class!

Shanan and Samantha Streweler: Their Siberian pups both earned majors at Greeley and now have both majors needed towards their championships

Linda Kitzman: Sammy Jo earned a major by winning BOS/BOW/BBE and a BBE Group 1 on Friday at the Greeley Shows.

Tamara Barach: Jimi was Select Dog on Saturday for a GCH Major.

Heidi Nieman and Brielle Bolena: Nessie qualified for the Top 20 Competition at this year's National Specialty, with only limited showing during the qualifying period.

Rachel Paulson: Carly was BOB at the Greeley shows on Monday

Terry Walb: Travis received an invite to the AKC Fast CAT Invitational in Branson, MO in September. On July 31 Travis tested and passed both his CGC and Trick Dog Intermediate.

On August 12th they participated in an AKC ACT trial. Travis passed his ACTJ1 and ACTJ2 as well as his ACT1.

Amber Brown: has her first litter of puppies, 4 girls and 1 boy.

Lori Elvera: SCA members, please check your email for a survey from Kathleen Farlow.

Meeting was adjourned at 7:49 pm

Pam Buhl, Recording Secretary

TREASURER'S REPORT, ENDING 8/31/2026

GENERAL FUND

Beginning Balance	\$ 30,642.76
Income	
Agility Trial	\$ 12,276.00
Concurrent Specialty Income	\$ 1,814.99
FastCAT Income	\$ 7,497.25
Local Specialty Income	\$ 5,185.25
Membership	\$ 682.36
PayPal Income Shipping	\$ 23.00
Ways & Means	\$ 566.67
Total Income	\$ 28,045.52
Expenses	
Agility Expense	\$ (9,614.78)
Bank Charges	\$ (18.30)
Charitable Donations- 4H	\$ (75.00)
Cheer	\$ (39.00)
Concurrent Specialty Expense	\$ (1,985.58)
FastCAT Expenses	\$ (720.18)
Holiday Party Expense	\$ (250.00)
Hospitality	\$ (60.88)
Insurance	
- Liability and Property	\$ (600.00)
Legislation	\$ (100.00)
Local Specialty Expenses	\$ (4,983.17)
Local Specialty Shipping fees	\$ 46.00
PayPal fees Concurrent Specialty Grooming	\$ (17.70)
Paypal fees Concurrent Specialty Trophies	\$ (35.75)
Paypal fees Dues	\$ (34.07)
Paypal fees Local Specialty T- Shirts	\$ (112.09)
Public Education	\$ (91.14)
State Periodic Report	\$ (25.00)
Summer Social	\$ (194.02)
Treasurer	\$ (70.20)
Treasurer Expense	\$ 5.24
Website Expenses	\$ (1,554.00)
Zoom Subscription	\$ (185.45)
Total Expenses	\$ (20,715.07)
Ending Balance	\$ 28,909.78
TOTAL	\$ 7,330.45

RESCUE FUND

Opening Balance	\$ 9,768.59
Income	
Donation to DSR	\$ 5,148.50
Fundraiser	
- Microchip	\$ (224.00)
Transfer from CD	\$ 21,642.82
Total Income	\$ 26,567.32
Expenses	
Charitable Donations	\$ (1,250.00)
DSR CD	\$ (5,000.00)
Transfer to CD	\$ (21,642.82)
Total Expenses	\$ (27,892.82)
Closng Balance	\$ 9,544.59
TOTAL	\$ (1,325.50)

Denver Samoyed Association's King Soppers/City Market Grocery Fundraiser Program

Did you know that everytime you shop at King Soppers or a City Market location, you can be making DSA money without any expense to you? You continue to add up rewards points and DSA gets a percentage of your purchases. And it really adds up!

PLEASE NOTE: You must have an Email to proceed

1. If you shop at King Soppers: Go to www.KingSoppers.com/CommunityRewards

If you shop at City Market: Go to: www.CityMarket.com/CommunityRewards

2. Click the "Enroll Now" link.

3. If you already have an online King Soppers/City Market account setup, then:

a. Enter your Email Address and Password.

b. Click the "Sign In" button.

c. Go to Step #4 below.

If you DO NOT have an online King Soppers/City Market account setup:

a. Click "Create an account" link located under the Sign In buttons (see image below).

b. Enter your Zip Code.

c. Enter your Email Address.

d. Enter your Email Address again to confirm the email address entered.

e. Enter a Password. It must have at least 8 characters, with at least 1 letter, and 1 number.

f. Enter your First Name.

g. Enter your Last Name.

Create an Account

1

Your Location

ZIP Code -OR- City, State

Find

2

Email Address

Confirm Email Address

Password

First Name

Last Name

Sign In

Sign in to your existing Kroger account.

Email Address

Password

[Forgot your password?](#)

☐ Remember Me

Sign In



Sign in with Google

New to King Soppers? [Create an account.](#)

If you already have a Sooper Card/Value Card:

i. Enter in the Value Card # field, the 12 or 13-digit card's number that appears on the back, left, bottom corner of the card, below the bar code.

ii. OR Enter the 10-digit phone number that you previously associated with the card.

iii. At the checkout stand, give your card to the cashier to scan, or swipe your card on the credit card machine, to receive the 'Value Customer' discounts on your bill.

Already Have a Value Card or Alt ID?

When you add your Value Card number or Alt ID to your account, you can access hundreds of digital coupons, track your savings, check your fuel points, and more!

Value Card # or Alt ID

Enter Card # or Alt ID

[Or, Create Your Alt ID Online](#)

☒ Yes! Email me personalized offers, and hundreds of dollars in savings!

Note: You'll still receive account-related emails and a welcome email if you choose not to receive promotional emails.

☒ Based on my purchase history and browsing behavior on The Kroger Co. websites and mobile apps, you may share my information to help make advertising and offers I already see on other websites, mobile apps and digital channels more relevant to me. Please note that The Kroger Co. will not share my name, contact information or purchase history with these websites, mobile apps and digital channels.

By creating an account, you agree to our [Terms and Conditions](#) and our [Privacy and Security](#) policies.

Create Account



If you DO NOT have a Sooper Card or Value Card:

- Click the link "Or, Create Your Alt ID Online".
- Enter your 10-digit phone number (numbers only, no dashes or parenthesis)

iv. At the checkout stand tell the cashier your 10-digit number or enter it on the credit card keypad, to receive the Value Customer discounts on your bill.

i. Read and check/uncheck the two checkboxes, as you desire, about receiving email offers or sharing your purchase history.

j. Click the "Create Account" button.

4. Link the Denver Samoyed Association to your Community Rewards account:

a. Enter "Denver Samoyed" in the "Find an Organization" search field

b. Click the "Search" button

c. The Search should show this result containing:

Denver Samoyed Association, Inc,
120 Western Sky Circle, Longmont, CO 80501

d. Click the "Enroll" button that displays inside the square

e. The system will then display the message: "You have been successfully enrolled in Community Rewards" and the Donation Summary will indicate DSA as the organization name that you have specified to receive the donations from your purchases.

Already Have a Value Card or Alt ID?

When you add your Value Card number or Alt ID to your account, you can access hundreds of digital coupons, track your savings, check your fuel points, and more!

Value Card # or Alt ID

Enter Card # or Alt ID

[Or, Create Your Alt ID Online](#)

☒ Yes! Email me personalized offers, and hundreds of dollars in savings!

Note: You'll still receive account-related emails and a welcome email if you choose not to receive promotional emails.

☒ Based on my purchase history and browsing behavior on The Kroger Co. websites and mobile apps, you may share my information to help make advertising and offers I already see on other websites, mobile apps and digital channels more relevant to me. Please note that The Kroger Co. will not share my name, contact information or purchase history with these websites, mobile apps and digital channels.

By creating an account, you agree to our [Terms and Conditions](#) and our [Privacy and Security](#) policies.

Create Account

6. Email Pam Buhl – DSA's treasurer: queencitysams@gmail.com – to let her know you have completed your enrollment.

Every time you use your Sooper Card or Value Card at the checkout stand to receive grocery discounts and earn fuel points, DSA will benefit from your purchases! The Kroger Community Rewards program will mail a check quarterly to our club.

DENVER SAMOYED RESCUE

DSR Fundraisers:

Microchips - \$20 for members, \$35 for non-members. Cost includes chip and enrollment fee.

To make an appointment: Pam Buhl, 303.915.1725; Linda Kitzman, 303.794.7136; Pam Arnold 719.337.3686

How Exercise Can Change a Dog's Core Strength and Fitness

For active dogs, strength starts deep. The muscles that support the spine play an important role in overall movement, stability, and performance.

Dog owners, trainers, handlers, and veterinarians all want to help dogs stay fit and reduce the risk of injury. Canine sports medicine needs further investigations to better understand how structured exercise affects a dog's body, particularly the muscles that help stabilize the core.

That is the focus of CHF-funded work led by Dr. Cynthia Otto and her team at the Penn Vet Working Dog Center in a project which examines how an exercise regimen changes core muscle structure and performance scores in healthy dogs.

Studying Strength from the Inside Out

This project uses strength and fitness testing, a 12-week structured fitness program, and advanced imaging to examine how exercise changes the muscles along the spine that provide stability to the whole body.

Healthy, active dogs are participating in the study. Each dog undergoes strength and fitness testing and a CT scan before starting the exercise regimen. After 12 weeks, the dogs repeat the same tests and scans so researchers can evaluate how exercise affects muscle structure and performance assessment scores.

The dogs in the study are active pet dogs rather than elite competitors. This makes the research especially meaningful for many dogs whose lives include regular activity, such as hiking, regular play, jogging, or training for a sport or performance activity.

"Our goal is to create science-based exercise recommendations to keep dogs strong, fit, and less likely to get injured, especially dogs that are active in sports, work, or performance activities," according to Dr. Otto. "This research will help veterinarians, trainers, and dog owners design programs that support long-term musculoskeletal health."

Building Evidence for Dogs in Motion

Canine sports medicine and rehabilitation is a growing field in veterinary medicine, and studies like this one build knowledge to improve care. While many dog owners understand that exercise matters, researchers are working to understand how specific programs change canine muscle structure and function to benefit dogs.

The use of CT imaging provides the team with a detailed way to examine changes in the spinal and hindlimb muscles. Pairing advanced imaging with performance assessments links what is happening inside the body with how dogs move and perform.

The dogs enrolled in the study are on schedule to complete the program by the end of the year. Once the data are analyzed and interpreted, researchers will better understand how structured exercise changes core muscles and affects fitness.

For dogs who work, compete, train, or simply love to be active, this research matters. It transforms fun or well-intended activity into recommendations backed by science, helping veterinarians, trainers, and owners make informed decisions that support lifelong health.

Reprinted from AKC Canine Health Foundation Blog,
July 21, 2026